## Somerdale Term 5

## LUNCH MENU

	Par	EAT WELL - FEEL BETTER - LEARN MORE				
	30	Monday	Tuesday	Wednesday	Thursday	Friday
Tasty	Hot Red	Homemade Margaretta Pizza Served with Corn on the Cob and Homemade Coleslaw	Homemade Sweet and Sour Chicken Served with Oven Fried Rice and Broccoli	Chicken Burger Served with Potato Crunchies and Seasonal Vegetables	Homemade Creamy Ham Pasta Served with Garlic Bread and Fresh Salad	Oven Baked Fish Fillet Served with Oven Baked Chips and Baked Beans or Peas
	Hot Green Vegetarian		Homemade Sweet and Sour Quorn Served with Oven Fried Rice and Broccoli	Vegetarian Hotdog Served with Potato Crunchies and Seasonal Vegetables	Homemade Seven Vegetable Pasta Bake Served with Garlic Bread and Fresh Salad	Oven Baked Quorn Fishless Fingers Served with Oven Baked Chips and Baked Beans or Peas
Delicious	Jacket	Hot Jacket Potatoes Served Daily with Veg & Filled with a choice of Baked Beans, Tuna Mayo* or Cheese				
	Sandwich Option	Fresh Roll with Quorn Dippers or Cheese Served with Tortilla Chips and Veg Sticks	Fresh Roll with Tuna or Egg Mayo Served with Tortilla Chips and Veg Sticks	Fresh Roll with Ham or Cheese Served with Potato Crunchies and Veg Sticks	Fresh Roll with Tuna or Egg Mayo Served with Tortilla Crisps and Veg Sticks	Fresh Roll with Ham or Cheese Served with Oven Chips and Veg Sticks
	Dessert	Homemade Cherry Shortbread Fresh Fruit Yoghurt	Homemade Honey Cake Fresh Fruit Yoghurt	Homemade Peach and Carrot Cake Fresh Fruit Yoghurt	Homemade Chocolate Mouse Fresh Fruit Yoghurt	Ice Cream Scoop Fresh Fruit Yoghurt



\*Not available on Monday

Nutritious

Fresh