

# P.G.L. Liddington

## Somerdale Year 6 Camp

Monday 16<sup>th</sup> June to Friday 20<sup>th</sup> 2025

“Liddington is our most modern centre...

Liddington is like nothing you've seen before! Formerly a hotel and conference centre, it has a more modern feel, offering a unique adventure centre experience.”

# Cost:

# £555

## **What does this include?**

4 nights accommodation

3 meals a day

5 activities a day

Evening activities

Full comprehensive travel insurance

Coach

Year 6 hoodie

# Cost:

# £555

## What do I need to do next?

We will ask for an initial deposit of £50 to be paid to the school by 19<sup>th</sup> July. The final balance can either be paid in one payment or via the suggested repayment schedule. Please note that once deposits have been paid to PGL they are not refundable, and cancellation fees will be incurred.

## Suggested Payment Plan

Term	Instalment Required via Arbor	Last Payment Date	Running Balance
Term 6	Deposit £50	19 <sup>th</sup> July 2024	£50
Term 1	2 <sup>nd</sup> Instalment £101	27 <sup>th</sup> September 2024	£151
Term 2	3 <sup>rd</sup> Instalment £101	22 <sup>nd</sup> November 2024	£252
Term 3	4 <sup>th</sup> Instalment £101	14 <sup>th</sup> February 2025	£ 353
Term 4	5 <sup>th</sup> Instalment £101	4 <sup>th</sup> April 2025	£454
Term 5	6 <sup>th</sup> Instalment £101	23 <sup>rd</sup> May 2025	£555
		<b>Total</b>	<b>£555</b>



- Approximately 1 hour journey
- Arriving by coach at 12pm for afternoon activities



PGL Leaders “PGL kids say it’s ‘the staff’ that make PGL holidays the best!”

- Allocated our Trip Leader on arrival
- All staff: The Disclosure and Barring Service\* (DBS) ‘Barred List’ is checked and an ‘Enhanced’ check is applied for.
- Staff are carefully selected, highly trained and meet the requirements laid down by national governing bodies, including The Adventure Activities Licensing Authority (AALA), The British Activity Providers Association (BAPA) and the Council for Learning Outside the Classroom (LOtC).

# Activities! You can see all the activities [here.](#)

Five activities a day

Abseiling  
Archery  
Archery Tag Buggy Build  
Axe Throwing  
Canoeing  
Challenge Course  
Climbing  
Crate Challenge  
Giant Stand Up  
Paddleboarding

Giant swing  
Jacob's Ladder  
Orienteering  
Problem Solving  
Raft Building  
Sensory Trail  
Survivor  
Trapeze  
Vertical Challenge  
Zip Wire

Designated meeting points for activities





Zip wire

Climbing  
wall

Maximum of 12 children in a group led  
by a PGL leader and a member of SET staff



Giant swing

500 acres of grounds





# Designated meeting points for activities

'Wet activities': Raft Building and Paddle Boarding

Buoyancy aids worn



# Evening activities

Fire pit,  
singing and  
games.



Typical timings	Activities
07:00	Your Group Leader will <b>wake you up</b> so that you can get up and get ready for the day ahead.
08:00	Off to the dining room with the rest of your group to fuel up for the day, you'll need plenty of energy to keep you going. <b>Breakfast</b> includes cereals, toast, yogurts, porridge, and cooked breakfast – you choose! Don't forget to refill your drinks bottle before you head off to your first activity.
09:15 Session 1	<b>Archery</b>
10:45	<b>Break.</b> Catch your breath and have a quick drink before your next session.
11:00 Session 2	<b>Crate Challenge</b>
12:30-14:00	<b>Worked up an appetite?</b> Great – it's time to replenish your energy stores with the dining room. If you have energy to spare after lunch your Group Leader will always be ready for a quick kickabout with a ball or you could relax and chat with your new friends.
14:15 Session 3	<b>Zip Wire</b>
15:45-16:00	A chance for a <b>breather and a drink</b> before your Groupie takes you to your next activity.
16:00 Session 4	<b>Climbing</b>
18:00	<b>Time to eat again</b> – a different menu each day, (and did we mention, evening meals come with a hot pudding too – or you can stick with fruit if you prefer).
19:00	Talent shows, campfires, quizzes and much more – your <b>evening entertainment</b> programme gives you the chance to get together with everyone else in your age group and have some laughs.
21:00-22:30	<b>Bedtime.</b> The younger ones go first whilst older groups have time to chill out and chat or watch a DVD. Then it's lights out and time to sleep ready to do it all over again tomorrow!

# Sample programme

Itinerary planned by the centre shortly before arrival.

# Accommodation

- One 'wing' allocated for SET
- Rooms of 4 bunk beds
- All ensuite
- SET staff on 'wing'
- Secure and locked overnight



# Food and drinks



## Drinks

Water and squash available. With all meals and children are encouraged to refill their water bottles for regular use throughout the day. There are also water fountains available around the centre

- Breakfast: cooked, pastries, cereal and toast
- Lunch: fresh sandwiches, soups, pasta or salads.
- Evening meals: e.g. fish & chips, roast dinners and bangers & mash.
- Dietary requirements catered for
- Area for SET in large dining hall
- Buffet style self serve and tidy trays after
- Salad bar available



# REFUEL

WITH OUR

# DELICIOUS MENU



## BREAKFAST

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### SATURDAY

### SUNDAY

Sausages	Bacon	Sausages	Bacon	Bacon	Sausages	Bacon
Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)
Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)
Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)
Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)

Available every day: porridge with toppers\* selection of cereals and Kellogg's™ granola (ve), assorted yoghurts (v), white or brown toast (ve) & jam (v)

## LUNCH

Pepperoni Pizza	Jacket Potato (ve) Served with your choice of: Grated Mild Cheddar (v), Baked Beans (ve) or Tuna Mayo	Battered Chicken Chunks	Homemade Beef Bolognese	Fish & Chips	Jacket Potato (ve) Served with your choice of: Grated Mild Cheddar (v), Baked Beans (ve) or Tuna Mayo	Roast Beef
Margherita Pizza (v)		Vegetable Nuggets (ve)	Homemade Vegetable Ratatouille (ve)	Jumbo Sausage		Meatless farm™ Plant-based Chicken Breast (ve)
Plant-based Margherita Pizza (ve)	Homemade Chilli Non Carne (ve)	Served with: Potato Wedges (ve), Peas (ve), Sweetcorn (ve), Sweet Chilli Sauce (ve)	Served with: Penne Pasta (ve), Garlic Bread (v), Grated mild cheddar (v)	Quorn™ Fishless Fingers (ve)	Homemade Chilli Non Carne (ve)	Served with: Roast Potatoes (ve), Yorkshire Pudding (v), Fresh Broccoli (ve), Baby Carrots (ve), Gravy (ve)
Served with: Skinny Fries (ve)	Served with: White Rice (ve)			Served with: Skinny Fries (ve), Garden Peas (ve)	Served with: White Rice (ve)	

Nothing you fancy? Filled rolls - ham, tuna mayo, cheese (v) or chicken and homemade soup (ve) with bread roll (v) available each day

## DINNER

Chicken Katsu Curry	Fish Fingers	Chicken Curry	PGL's Sausage Pasta Bake	Beef Burger	Battered Chicken Chunks	Fish Fingers
Homemade Beef Lasagne	Hunters Chicken	Baked Cheesy Meatballs	Chicken Kiev**	Homemade Mac 'n' Cheese (v)	Homemade Beef Lasagne	PGL's Sausage Pasta Bake
Vegetable Lasagne (ve)	Shepherdless Pie (ve)	Vegetable Curry (ve)	Homemade Sausage & Bean Casserole (ve)	Meatless Farm™ Plant Based Burger (ve)	Vegetable Lasagne (ve)	Shepherdless Pie (ve)
Sides: Garlic Bread (v), Rice (ve), Garden Peas (ve), Fresh Broccoli (ve)	Sides: Round Chips(ve), Baby Carrots (ve), Whole Green Beans (ve)	Sides: Rice (ve), Penne Pasta (ve), Mixed Vegetables (ve)	Sides: Mashed Potato (v), Fresh Broccoli (ve), Baby Carrots (ve)	Sides: Curly Fries (ve), Sweetcorn (ve), Whole Green Beans (ve)	Sides: Garlic Bread (v), BBQ Sauce (ve), Skinny fries (v), Mixed Vegetables (ve)	Sides: Cheesy Garlic Potato (v), Baby Potatoes (ve), Sweetcorn (ve), Whole Green Beans (ve)
Homebaked Iced Sponge Cake (v)	Chocolate Muffin (v)	Jam Doughnuts (v)	Homebaked Chocolate Sponge (v) & Chocolate Custard (v)	Homemade Apple Crumble (ve) & Vanilla Custard (v)	Chocolate Muffin (ve)	Chocolate Cookies (v)

Nothing you fancy? Penne pasta (ve) with tomato sauce (ve) and grated cheese (v) available each day

### Available daily

#### Unlimited salad bar:

A combination of plain salad items, alongside a wide variety of composite vegan and meat salads are available at lunch and dinner.

#### Fresh fruit:

A variety of fresh fruit is available at all meals.

### Allergy information

If you or a member of your group has a food allergy, please let us know pre-arrival. Please speak to the Catering Management Team in Centre, where more information is needed prior to choosing your meal.

**ASK ABOUT ALLERGENS**  
WE ARE HAPPY TO HELP

Not all ingredients are included in the menu descriptions, please ask for more information.

Ingredients can occasionally be substituted or changed at short notice - always review the allergy information available from the Catering Management Team each service, where detailed information on the fourteen legal allergens is available on the allergen matrix, and in part, the allergen board.

We use a wide range of ingredients within the dishes we prepare and as such, we cannot guarantee the total absence of allergens. Where known in advance, we can prepare a plated meal, taking all reasonable steps to reduce the likelihood of cross contact.

### About our food

All our whole eggs are Free Range.

All our products are free from Genetically Modified ingredients.

All our products do not list tree nuts or peanuts as intentional ingredients.

All our fish, fish products and seafood are MSC certified, with the exception of canned tuna, which is from a sustainable source and dolphin safe.

Although every care has been taken, some small bones may remain in our fish, sausage and chicken dishes & salads, some shell pieces may remain on our eggs, and some olive stones may remain in our salads.

Where used, our ham is reformed from selected cuts of pork with added water.

\* Small children can choke on seeds

\*\* Chopped and shaped chicken.

# Shop and free time

- Sweets and PGL merchandise



- There will be short periods of free time when the children can play and relax outdoors.
- We will take some PE equipment and supervise these times.

# Questions?

Look at the [PGL Parent Guide](#).

Link for useful information for parents : [About \(pgl.co.uk\)](#)

Link for risk assessments: [Risk Assessments for School Trips \(pgl.co.uk\)](#)

Link for additional needs: [Servicing participants' additional needs on a PGL School Trip](#)

Link for Medical and Health : [Medical and Health Matters - Teacher Guide \(pgl.co.uk\)](#)

Link for promotional Videos : [Promotional Videos for Primary Schools \(pgl.co.uk\)](#)